Jennifer Hall, Communications Aardsma Research and Publishing 217-803-0212 jhall@agingcauseandcure.com agingcauseandcure.com

DECADES OF RESEARCH LEAD TO NEW ANSWERS ABOUT AGING Two scientists state the cure for aging is now in hand.

[LODA, IL, 1/13/22]— Aging is the leading cause of death in our world today. Everyone has experienced the heartbreak of watching a loved one suffer and die due to aging. We witness a a mother, once youthful and vibrant, but now a frail shadow of who she used to be. Or our thoughts turn to a deceased grandfather whose health and strength faded with each passing year. We shut from our minds that we are walking down this same road.

A private research group in central Illinois claims to have found an unconventional answer to one of the most pressing questions in science today-- why humans age, our bodies beginning to break down after only a few short decades of life. In the newly published edition of the book *Aging: Cause and Cure,* a new theory of aging is advanced by a father/son research team. Tackling the age-old problem from an angle unexplored by other scientists today, they arrive at solid conclusions about what causes aging and how it can be cured. This new theory pinpoints two previously unknown vitamins which are missing from human diets today, producing the vitamin deficiency disease we call aging. One of the newly discovered vitamins has recently been patented by the U.S. patent office as a "method for treating aging and/or improving health in a human."

Gerald Aardsma is a Ph.D. scientist who has spent decades researching human longevity. The book is co-authored by his son Matthew Aardsma, also a Ph.D. scientist, with a background in applied research.

"The human body appears to be capable of living indefinitely in a youthful adult state. Aging is a dreadful disease, with a 100% mortality rate. This is now all so unnecessary. As a result of my research findings, I hope to see a rapid end to the suffering and death caused by human aging today." -Dr. Gerald Aardsma

The suffering and heartbreak of aging can now change. This book will show you, step by step, what aging is and what the specific cure is. Suffering and death due to aging are no longer inevitable for you and your loved ones, or for the world today.

Aging: Cause and Cure can be downloaded for free at www.agingcauseandcure.com.